

## 2022 Packing List

### **Accommodations: Dorm style, 2 rooms share a bathroom**

Each unit has either 2 or 4 rooms and each unit has 4 twin beds. Most unit has 1 bath, some units have microwave oven and refrigerator (not for cooking but just for boiling water, heating cooked food). WIFI may be available in some units, certain spot may require a password.

### **Clothing** (clothing, sleepwear, swimwear, underwear, socks/shoes, etc.) **for 3 days**

### **Bedding:**

- Blanket or sleeping bags, Sheets, Pillows. **Cal Lutheran does NOT provide any bed linen, pillow or towels.**
- Children will stay with parents in the same unit.

### **Food and Snacks:**

- Breakfast, lunch, and dinner as well as light refreshments at night are provided.
- You need to bring bottled drinking water and additional snacks for use during the day and evening.
- Bring a water bottle for each person

**Toiletries** – Towels and washcloths, soap, shampoo/conditioner, shaving kit, toothpaste/toothbrush, deodorant, shower cap, comb, hairbrush, insect repellent, paper towels, cream, lip balm, sunscreen, etc.

**Infants and children** - Toddler bags to be left with childcare workers which should include back-up clothes and diapers, water bottles, toys. Please label all items in the bags. Bring portable cribs and or railings if needed. You may also want to bring a portable highchair if you need one.

\*\*For infants under 1 years old, no childcare will be provided.

**COVID Protocol** – Each family member is strongly recommended to take the Rapid Antigen test on Wednesday, 6/22. If you have symptoms and tested positive, please refrain from attending the retreat and report to Pastor Chu, Pastor Kwok, Janice Liu or Cindy Lam. Indoor mask is highly recommended during retreat. During mealtime, try to sit and eat with own family members.

**Other:** Bible, notebook, pen/pencil, flashlight, camera, light jacket, slippers, hat, sun-glasses and medications.

## Swimming Regulations

**No Lifeguard will be on duty. At least one Parent must be present with your children.**

After swimming, campers must dry themselves before entering the dormitory. All campers must wear shoes and shirts when walking between the dormitory and the swimming pool. Campers must provide their own towels, sunscreen, etc. for swimming.

**Check in: 4-6pm at Grace Hall 3255 Luther Avenue, Thousand Oaks, Ca 91360**  
**Dinner: 5:30-6:45pm, Program will begin at 7pm**